

## 2025 RDS 10-12 Years Trials

Event	District Trials - Date and time	Nominations due date	District Trials Venue	Equipment required	Capricornia Trials
<b>AFL 10-12 years Boys and Girls</b>	Monday 10 February 2025 4pm – 6pm	Friday 7 February 2025	Rockhampton State High	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	27 Feb 2025 Rockhampton
<b>Basketball 10 -12 years Boys &amp; Girls</b>	Wednesday 19 February 2025 4pm – 6pm (Both genders)	Monday 17 February 2025	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	10 March 2025 Mackay
<b>Swimming</b>	Paper nominations				
<b>Volleyball 12-15 B &amp; G 16-19 B &amp; G</b>	Thursday 6 February 2025 Boys: 9am – 11am Girls: 11am – 12:30pm	Monday 3 February 2025	Glenmore SH	Appropriate footwear, water bottle, school sport uniform, <b>Permission Booklet</b>	11/12 February 2025 Gladstone
<b>Hockey 10-12 years Boys and Girls</b>	Tuesday 18 February 2025 4pm – 5:30pm	Friday 14 February 2025	Kalka Shades, Water St	Own playing equipment, mouthguard, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	4 March 2025 Rockhampton
<b>Touch Football 10 – 12 years Boys and Girls</b>	1 <sup>st</sup> trial: Wednesday 12 March 2025 4pm – 5:45pm  Shortlisted: Friday 14 March 2025 4pm – 5:45pm	Monday 10 March 2025	Rockhampton Touch Fields	Appropriate footwear, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	31 March 2025 Mackay
<b>Squash 10-19 years Boys and Girls</b>	Paper nominations	Thursday 20 February 2025			28 February 2025 Rockhampton
<b>Netball 10-11 years and 10-12 years Girls and Boys</b>	Wednesday 5 February 2025 4pm – 7pm	Friday 31 January 2025	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	20 February 2025 Rockhampton

<b>Rugby League 10-, 11- and 12-Years Boys</b>	Muster: Sunday 2 March 2025 9am – 12pm  Shortlisted students: Sunday 9 March 2025 9am – 12pm	Thursday 27 February 2025	Emmaus College	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	28 April 2025 Central Highlands
<b>Rugby League 11-12 Years Girls</b>	Wednesday 5 March 2025 4pm – 5:30pm	Monday 3 March 2025	Frenchville State School	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	10 June 2025 Central Highlands
<b>Football 10-12 years Boys</b>	Monday 3 March 2025 4pm – 5:30pm  Students may need to be shortlisted and called back depending on numbers.	Friday 28 February 2025	Cap Coast Football – Apex Park	Appropriate footwear, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	27 March 2025 Gladstone
<b>Football 10-12 years Girls</b>	Monday 3 March 2025 4pm – 5:30pm  Students may need to be shortlisted and called back depending on numbers.	Friday 28 February 2025	Cap Coast Football – Apex Park	Appropriate footwear, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	27 March 2025 Gladstone
<b>Rugby Union 11 – 12 years Boys</b>	Wednesday 30 April 2025 4pm – 5:30pm	Monday 28 April 2025	Kettle Park (behind Fantastic Furniture)	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	12 May 2025 Rockhampton
<b>Cross Country 10-19 years</b>	Tuesday 6 May 2025				27 May 2025 Rockhampton
<b>Tennis 10 – 12 Years Boys and Girls</b>	Thursday 6 March 2025 9am – 3pm	Monday 3 March 2025	Rockhampton Tennis centre	Own playing equipment, hat, water bottle, school sport uniform, <b>PERMISSION BOOKLET</b>	26 March 2025 Gladstone

<b>Softball 10 – 12 years Boys and Girls</b>	Trial 1: Wednesday 19 March 2025 4pm – 5:30pm  Trial 2: Wednesday 26 March 2025 4pm – 5:30pm	Monday 17 March 2025	Rockhampton Softball Association	Own playing equipment, hat, water bottle, school sport uniform, <b>PERMISSION            BOOKLET</b>	13 May 2025 Rockhampton
<b>Golf 10 – 18 years</b>	Paper nomination				
<b>Athletics</b>	28 – 30 July 2025		North Rockhampton State High		18/19 August 2025 Mackay
<b>Cricket 10 – 12 Boys</b>	Monday 21 July 2025 4pm – 5:30pm	Friday 1 August 2025	Victoria Park	Own playing equipment, hat, water bottle, school sport uniform, <b>PERMISSION            BOOKLET</b>	5 August 2025 Mackay
<b>Cricket 10 – 12 Girls</b>	Trial through Wide Bay Sports				