



GLENMORE DRAGONS 2026 TUCKSHOP MENU

FOOD ALLERGY OR DIETARY REQUIREMENT?

PLEASE ASK BEFORE YOU EAT. FOODS MAY CONTAIN OR COME INTO CONTACT WITH ALLERGENS.
GLUTEN-FREE (GF), VEGETARIAN (V), AND VEGAN (VE) OPTIONS MUST BE PRE-ORDERED BEFORE 8:50 AM.

Pre-order available on all items
via the QKR APP.
Must be placed before 8.50am



SANDWICHES

BEETROOT, CARROT, CHEESE, CUCUMBER,
LETTUCE, MAYO & TOMATO

CHICKEN & CHEESE	\$5.00
CHICKEN & SALAD	\$6.00
CORNERED BEEF & PICKLES	\$5.00
CORNERED BEEF & SALAD	\$6.00
EGG	\$4.50
EGG & LETTUCE	\$5.00
HAM & CHEESE	\$5.00
HAM , CHEESE & TOMATO	\$5.00
HAM & SALAD	\$6.00
SALAD	\$5.00

WHITE, GRAIN OR GLUTEN FREE*
*GLUTEN FREE BREAD +2.00



ROLLS

BEETROOT, CARROT, CHEESE, CUCUMBER,
LETTUCE, MAYO & TOMATO

CHICKEN & SALAD	\$6.00
CORNERED BEEF & SALAD	\$6.00
HAM, PICKLES & SALAD	\$6.00
SALAD	\$5.00
TUNA & SALAD	\$6.00

*GLUTEN FREE ROLL +2.00



WRAPS

BEETROOT, CARROT, CHEESE, CUCUMBER,
LETTUCE, MAYO & TOMATO

CHICKEN & SALAD (FULL)	\$7.00
CHICKEN & SALAD (HALF)	\$4.00
CORNERED MEAT & SALAD (FULL)	\$7.00
CORNERED MEAT & SALAD (HALF)	\$4.00
HAM & SALAD (FULL)	\$7.00
HAM & SALAD (HALF)	\$4.00
SALAD (FULL)	\$6.00
TUNA & SALAD (FULL)	\$7.00

*GLUTEN FREE WRAP +2.00



SALADS

CARROT, CHEESE, CHICKPEAS, CUCUMBER,
MIXED LEAVES & TOMATO

CHICKEN & SALAD (GF)	\$7.00
EGG & SALAD	\$7.00
FALAFEL (GF) (VE)	\$7.00
FLAME GRILLED CHICKEN	\$7.00
HAM & SALAD (GF)	\$7.00
TUNA & SALAD	\$7.00
ZUCCHINI SLICE (GF) (V)	\$7.00
ZUCCHINI SLICE W/BACON (GF)	\$7.00
BOILED EGG	\$1.00
GREEK MAYO	\$0.50
BALSAMIC, ITALIAN OR FRENCH	



HOT BOX

PIES (VARIOUS)	\$5.00
SAUSAGE ROLLS (KING SIZE)	\$5.00
CHICKEN NUGGETS -8 (GF)	\$7.00
CHICKEN GOUJONS - 6	\$4.50
WITH GRAVY	\$5.00
CHICKEN GOUJONS - 10	\$7.50
WITH GRAVY	\$8.00
KEPPLE PUP	\$4.50
BBQ, SWEET CHILLI SAUCE	\$0.50
OR TOMATO	



TOASTEE

CHEESE	\$3.50
CHICKEN, CHEESE & MAYO	\$5.00
HAM & CHEESE	\$5.00
HAM, CHEESE & TOMATO	\$5.00
HAM, CHEESE, TOMATO & ONION	\$5.00

WHITE, GRAIN OR GLUTEN FREE*
*GLUTEN FREE BREAD +2.00



SNACKS

BOILED EGG	\$1.00
CAKES & SLICES (VARIOUS)	\$3.00
COOKIES, CHOC CHIP & M&M	\$2.00
FRESH FRUIT	\$1.50
FRUIT SALAD	\$4.50
ICE CREAMS (VARIOUS)	\$1 - \$4
MUFFINS (VARIOUS)	\$3.00
POTATO CHIPS (VARIOUS)	\$2.00



DRINKS

JUICE

BOTTLED JUICE	\$4.00
JUICE BOMB 500ML	\$3.00
POPPER 250ML	\$3.00

MILK

BREAKA 300ML	\$3.00
BREAKA 500ML	\$4.50
FULL CREAM MILK 300ML	\$3.00
ICE BREAK 500ML	\$4.50
LACTOSE FREE 500ML	\$4.50
OAK 600ML	\$4.50
ZYMIL 400ML	\$4.50

TEA

LIPTON ICED TEA 500ML	\$4.50
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WATER

COCONUT WATER	\$4.50
MOUNT FRANKLIN 600ML	\$3.00
NIPPYS SPARKLING MINERAL WATER 600ML	\$4.50
PUMP 750ML	\$4.50
PUMP FLAVOURED WATER 750ML	\$4.50

FREE
DAILY BREAKFAST
CLUB
7.45-8.45am

Thanks to our
generous community,
we offer a free
Breakfast Club for
students.



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MONDAY STREET EATS



WRAP & ROLL WEDNESDAY

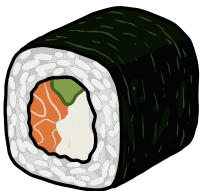


PIZZA PARTY THURSDAY



BURGER BASH FRIDAY

BUTTER CHICKEN (GF)	\$7.00
+NAAN BREAD	\$1.50
HOT DOG	\$5.00
+CHEESE	\$0.50
(BBQ, MUSTARD & TOMATO)	
PORK RIB ROLL	\$6.00
(PORK RIB, BBQ SAUCE & LETTUCE)	



TOKYO TUESDAY

DIM SIMS STEAMED OR BAKED X3	\$4.50
SWEET CHILLI SAUCE	\$0.50
FRIED RICE (GF & V)	\$6.00
FRIED RICE & HAM (GF)	\$6.00
SUSHI BOWL	\$7.00
SUSHI ROLLS (2X SAME FLAVOUR	\$6.00
SUSHI BOWL & ROLL	
FLAVOUR OPTIONS	
CALIFORNIA (SEAFOOD)	
CRISPY CHICKEN	
HONEY SOY CHICKEN (GF)	
TERIYAKI CHICKEN (GF)	
TUNA, ONION & MAYO	

CHICKEN TWISTER	\$6.00
CRUMBED CHICKEN	
TENDERLION STRIPS,	
LETTUCE, MAYO & SWEET	
CHILI SAUCE	
*GLUTEN FREE WRAP +2.00	
WACKY WEDNESDAY SPECIAL	
VARIES EACH WEDNESDAY	
RANGING FROM \$5.00 TO	
\$10.00	

PIZZA	
BBQ CHICKEN	\$6.00
BBQ MEATLOVERS	\$6.00
CHEESE	\$6.00
HAM & CHEESE	\$6.00
HAM, CHEESE & PINEAPPLE	\$6.00
PEPPERONI	\$6.00
SUPREME REGULAR	\$6.00
SUPREME SPICY	\$6.00
VEGGIE REGULAR	\$6.00
VEGGIE SPICY	\$6.00
*GLUTEN FREE BASE +3.00	

PASTA	
BOLOGNESE	\$6.00
BOLOGNESE (GF)	\$7.00
SPINACH & RICCOTTA	\$6.00
LASAGNA (V)	

GARLIC BREAD	\$1.00
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BACON & EGG	\$8.00
BACON, CARROT,	
CHEESE, CUCUMBER,	
EGG, LETTUCE, ONION	
& TOMATO	
WITHOUT SALADS	\$6.00
BEEF & SALAD	\$8.00
BEEF PATTIE, CARROT,	
CHEESE, CUCUMBER,	
LETTUCE & TOMATO	
BEEF WORKS	\$10.00
BACON, BEEF PATTIE,	
CARROT, CHEESE,	
CUCUMBER, EGG,	
LETTUCE, ONION,	
PINEAPPLE & TOMATO	

CHEESE	\$6.00
BEEF PATTIE, CHEESE,	
MUSTARD, PICKLES &	
TOMATO SAUCE	

CHICKEN	\$6.00
CHICKEN PATTIE, LETTUCE	
& MAYO	
CHICKEN & SALAD	\$8.00
CHICKEN PATTIE, CARROT,	
CHEESE, CUCUMBER,	
LETTUCE & TOMATO	
CHICKEN WORKS	\$10.00
BACON, CHICKEN PATTIE,	
CARROT, CHEESE,	
CUCUMBER, EGG,	
LETTUCE, ONION,	
PINEAPPLE & TOMATO	

*GLUTEN FREE BUN +2.00