



GLENMORE DRAGONS 2026 TUCKSHOP MENU

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FOOD ALLERGY OR DIETARY REQUIREMENT?

PLEASE ASK BEFORE YOU EAT. FOODS MAY CONTAIN OR COME INTO CONTACT WITH ALLERGENS.
GLUTEN-FREE (GF), VEGETARIAN (V), AND VEGAN (VE) OPTIONS MUST BE PRE-ORDERED BEFORE 8:50 AM.

Pre-order available on all items
via the QKR APP.
Must be placed before 8.50am



SANDWICHES

BEETROOT, CARROT, CHEESE, CUCUMBER,
LETTUCE, MAYO & TOMATO

CHICKEN & CHEESE	\$5.00	CHICKEN & SALAD (FULL)	\$7.00	PIES (VARIOUS)	\$5.00	BOILED EGG	\$1.00	<u>JUICE</u>
CHICKEN & SALAD	\$6.00	CHICKEN & SALAD (HALF)	\$4.00	SAUSAGE ROLLS (KING SIZE)	\$5.00	CAKES & SLICES (VARIOUS)	\$3.00	BOTTLED JUICE
CORNED BEEF & PICKLES	\$5.00	CORNED MEAT & SALAD (FULL)	\$7.00	CHICKEN NUGGETS -8 (GF)	\$7.00	COOKIES, CHOC CHIP & M&M	\$2.00	JUICE BOMB 500ML
CORNED BEEF & SALAD	\$6.00	CORNED MEAT & SALAD (HALF)	\$4.00	CHICKEN GOJONS - 6	\$4.50	FRESH FRUIT	\$1.50	POPPER 250ML
EGG	\$4.50	HAM & SALAD (FULL)	\$7.00	WITH GRAVY	\$5.00	FRUIT SALAD	\$4.50	<u>MILK</u>
EGG & LETTUCE	\$5.00	HAM & SALAD (HALF)	\$4.00	CHICKEN GOJONS - 10	\$7.50	ICE CREAMS (VARIOUS)	\$1 - \$4	BREAKA 300ML
HAM & CHEESE	\$5.00	SALAD (FULL)	\$6.00	WITH GRAVY	\$8.00	MUFFINS (VARIOUS)	\$3.00	BREAKA 500ML
HAM, CHEESE & TOMATO	\$5.00	TUNA & SALAD (FULL)	\$7.00	KEPPEL PUP	\$4.50	POTATO CHIPS (VARIOUS)	\$2.00	FULL CREAM MILK 300ML
HAM & SALAD	\$6.00			BBQ, SWEET CHILLI SAUCE	\$0.50			ICE BREAK 500ML
SALAD	\$5.00			OR TOMATO				LACTOSE FREE 500ML

WHITE, GRAIN OR GLUTEN FREE*
*GLUTEN FREE BREAD +2.00



WRAPS

BEETROOT, CARROT, CHEESE, CUCUMBER,
LETTUCE, MAYO & TOMATO



SALADS

CARROT, CHEESE, CHICKPEAS, CUCUMBER,
MIXED LEAVES & TOMATO



ROLLS

BEETROOT, CARROT, CHEESE, CUCUMBER,
LETTUCE, MAYO & TOMATO

CHICKEN & SALAD	\$6.00	CHICKEN & SALAD (GF)	\$7.00
CORNED BEEF & SALAD	\$6.00	EGG & SALAD	\$7.00
HAM, PICKLES & SALAD	\$6.00	FALAFEL (GF) (VE)	\$7.00
SALAD	\$5.00	FLAME GRILLED CHICKEN	\$7.00
TUNA & SALAD	\$6.00	HAM & SALAD (GF)	\$7.00
		TUNA & SALAD	\$7.00
ZUCCHINI SLICE (GF) (V)	\$7.00		
ZUCCHINI SLICE W/BACON (GF)	\$7.00		
BOILED EGG	\$1.00		
GREEK MAYO	\$0.50		
BALSAMIC, ITALIAN OR FRENCH			

*GLUTEN FREE ROLL +2.00



HOT BOX



SNACKS



DRINKS



TOASTEE

CHEESE	\$3.50
CHICKEN, CHEESE & MAYO	\$5.00
HAM & CHEESE	\$5.00
HAM, CHEESE & TOMATO	\$5.00
HAM, CHEESE, TOMATO & ONION	\$5.00

WHITE, GRAIN OR GLUTEN FREE*
*GLUTEN FREE BREAD +2.00

FREE
DAILY BREAKFAST
CLUB
7.45-8.45am

Thanks to our
generous community,
we offer a free
Breakfast Club for
students.

WATER

COCONUT WATER	\$4.50
MOUNT FRANKLIN 600ML	\$3.00
NIPPYS SPARKLING MINERAL WATER 600ML	\$4.50
PUMP 750ML	\$4.50
PUMP FLAVOURED WATER 750ML	\$4.50



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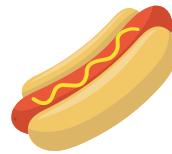
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MONDAY STREET EATS



WRAP & ROLL WEDNESDAY

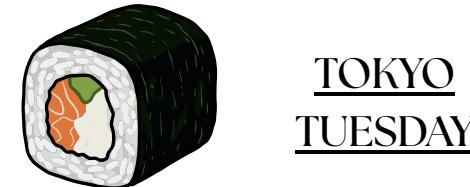


PIZZA PARTY THURSDAY



BURGER BASH FRIDAY

BUTTER CHICKEN (GF)	\$7.00
+NAAN BREAD	\$1.50
HOT DOG	\$5.00
+CHEESE	\$0.50
(BBQ, MUSTARD & TOMATO)	
PORK RIB ROLL	\$6.00
(PORK RIB, BBQ SAUCE & LETTUCE)	



TOKYO TUESDAY

DIM SIMS STEAMED OR BAKED X3	\$4.50
SWEET CHILLI SAUCE	\$0.50
FRIED RICE (GF & V)	\$6.00
FRIED RICE & HAM (GF)	\$6.00
SUSHI BOWL	\$7.00
SUSHI ROLLS (2X SAME FLAVOUR)	\$6.00
SUSHI BOWL & ROLL FLAVOUR OPTIONS	
CALIFORNIA (SEAFOOD)	
CRISPY CHICKEN	
HONEY SOY CHICKEN (GF)	
TERIYAKI CHICKEN (GF)	
TUNA, ONION & MAYO	

CHICKEN TWISTER	\$6.00
CRUMBED CHICKEN	
TENDERLION STRIPS, LETTUCE, MAYO & SWEET CHILI SAUCE	
*GLUTEN FREE WRAP +2.00	
WACKY WEDNESDAY SPECIAL	
VARIES EACH WEDNESDAY RANCING FROM \$5.00 TO \$10.00	

PIZZA	
BBQ CHICKEN	\$6.00
BBQ MEATLOVERS	\$6.00
CHEESE	\$6.00
HAM & CHEESE	\$6.00
HAM, CHEESE & PINEAPPLE	\$6.00
PEPPERONI	\$6.00
SUPREME REGULAR	\$6.00
SUPREME SPICY	\$6.00
VEGGIE REGULAR	\$6.00
VEGGIE SPICY	\$6.00
*GLUTEN FREE BASE +3.00	

PASTA	
BOLOGNESE	\$6.00
BOLOGNESE (GF)	\$7.00
SPINACH & RICCOTTA	\$6.00
LASAGNA (V)	

GARLIC BREAD	\$1.00
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BACON & EGG	\$8.00
BACON, CARROT, CHEESE, CUCUMBER, EGG, LETTUCE, ONION & TOMATO	
WITHOUT SALADS	\$6.00
BEEF & SALAD	\$8.00
BEEF PATTIE, CARROT, CHEESE, CUCUMBER, LETTUCE & TOMATO	
BEEF WORKS	\$10.00
BACON, BEEF PATTIE, CARROT, CHEESE, CUCUMBER, EGG, LETTUCE, ONION, PINEAPPLE & TOMATO	

*GLUTEN FREE BUN +2.00

CHICKEN	\$6.00
CHICKEN PATTIE, LETTUCE & MAYO	
CHICKEN & SALAD	\$8.00
CHICKEN PATTIE, CARROT, CHEESE, CUCUMBER, LETTUCE & TOMATO	
CHICKEN WORKS	\$10.00
BACON, CHICKEN PATTIE, CARROT, CHEESE, CUCUMBER, EGG, LETTUCE, ONION, PINEAPPLE & TOMATO	