**GLENMORE HIGH SCHOOL**

**TUCKSHOP MENU**

ORDERS WILL BE TAKEN AT THE TUCKSHOP EACH DAY FROM 8:15AM TO 8:45AM

### Available Everyday

#### BEFORE SCHOOL
- **Toasted Sandwich** 2.60
- **Cheese/Tomato** 2.00
- **Ham/Cheese** 2.60
- **Ham/Cheese/Tomato** 3.10
- **Chicken/Cheese/Mayo** 3.60
- **Pizza Rounda** 2.60

#### SALAD BOXES
- **Salad Box** 3.50
- **Cold Meat & Salad Box** 4.50
- **Fish & Salad Box** 5.00

(Salad includes lettuce, carrot, beetroot, tomato, cheese and pineapple)

#### WRAPS
Wraps can be made to order
- **Cold Meat & Salad** 4.30
(Salad includes lettuce, carrot, beetroot, tomato, cheese and pineapple)
- **Half wraps** 2.30

#### HOT FOOD
- **Corn on the Cob** 1.00
- **Quiche** 3.20
- **Lasagne** 4.30
- **Honey/Soy Chicken & Rice** 4.30
- **Smokey Beef & Fried Rice** 4.30
- **Italian Chicken & Pasta** 4.30
- **Chicken & Gravy Roll** 4.90

#### SNACK FOOD
- **Yoghurt** 1.50
- **Piece of Fruit** seasonal
- **Fresh Fruit Salad Bowl** 3.00
- **Potato Chip** 1.30
- **Lamington** 1.30
- **Choc Chip Cookies** 1.30
- **Ginger Bread Student** 1.50

#### SANDWICHES
- Multigrain, Wholemeal or White bread
- **Salad Sandwich (½ serve)** 1.50
(Salad includes lettuce, carrot, tomato & cheese)
- **Cold Meat & Salad (½ serve)** 2.30
- **Egg and Lettuce (½ serve)** 1.70
- Sandwiches can be made to order various

#### DRINKS
- **Pump Bottled Water** 2.50
- **Spring Water** 1.50
- **Good to Go Smoothie** 2.50
- **Plain Milk 500ml** 1.50
- **Plain Milk 300ml** 1.00
- **Breaka Milk 300ml** 2.00
- **Breaka Milk 500ml** 3.30
- **Ice Break 500ml** 3.50
- **Golden Valley Juice 350ml** 2.50

#### ICE CREAMS
- Various prices 1.00 – 2.00

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### Daily Specials – limited availability and subject to change

- **Monday**
  - Pies or Pastie 3.00
  - Sausage Roll 2.20
  - Cheese & Bacon Pie 3.20
  - Curry Pie 3.20
  - Chicken Twister 4.30
  (2 pieces crumbed chicken / lettuce/mayo on lavash)

- **Tuesday**
  - Pizza Rounda 2.60
  - Hot Beef & Gravy Roll 370
  - Chicken Burger 4.30
  (chicken pattie/mayo & lettuce)

- **Wednesday**
  - Pork Rib Roll 4.30
  (pork rib/bbq sauce & lettuce)
  - Pizza 2.50
  (hawaiian, meat lovers, chicken)
  - Hot Dog 2.50

- **Thursday**
  - Pie or Pastie 3.00
  - Sausage Roll 2.20
  - Cheese & Bacon Pie 3.20
  - Curry Pie 3.20
  - Potato Pie 3.20
  - Chicken Rib Roll 4.30
  (chicken rib/mayo & lettuce)

- **Friday**
  - Hamburger 4.30
  (meat pattie sauce & salad)
  - Fish Burger 4.30
  (crumbed fish mayo & salad)
  - Pizza Rounda 2.60
  - Chicken Burger 4.30
  (chicken pattie/mayo & lettuce)