



DRAGON TALES

GLENMORE STATE HIGH SCHOOL
NEWSLETTER

Issue No. #002 | 01/06/2026

PRINCIPAL'S UPDATE

G'day Glenmore and welcome to our second newsletter for the term! This week we acknowledged National Reconciliation Week which included National Sorry Day (26 May) and also the upcoming Mabo Day on 3 June. Check out our social media for some messages from our community around this year's theme - all in!

Congratulations to our Year 12 students for the positive way they approached their Assessment Block in Week 5. This coming week (1-5 June), our Year 11 students will complete their Assessment Block. We wish them all the best and encourage them to be well prepared and seek support from their teachers if needed.

Regular attendance is key to student success and helps students stay engaged in their learning. To recognise students with consistent attendance this term, we will be holding an Attendance BBQ on Friday 19 June during First Lunch. We look forward to celebrating their commitment and effort.

Nathan Shonhan
Acting Principal



Learning Beyond the Classroom



Teamwork and adventure at the Year 12
Aquatics Camp on Konomie Island



Hands-on learning and wildlife encounters at the
Zoo Excursion

Sleep Matters

Sleep plays an important role in our health and wellbeing. Small changes to your daily routine can help improve the quality of your rest. Try maintaining a consistent sleep schedule, limiting long or late naps, creating a calm bedtime routine, and ensuring your bedroom is cool, dark, and comfortable. Relaxation activities such as reading, deep breathing, or gentle stretching can also help you unwind before bed. Regular physical activity during the day may further support better sleep. Prioritising healthy sleep habits can make a big difference to your overall wellbeing.



Source: <https://hw.qld.gov.au/blog/get-the-sleep-you-need-small-changes-for-better-rest/>

Supporting Year 7 Students' Mental Health and Wellbeing

Students recently learned about the many wellbeing and inclusion supports available at Glenmore State High School. Staff highlighted a range of services designed to help students feel supported, connected, and successful both in and out of the classroom. Supports include guidance and wellbeing services, case management, sensory and time-out spaces, classroom adjustments, Indigenous student support, lunchtime programs, art therapy, movement breaks, and access to external services when needed. Students were reminded that help is always available and encouraged to reach out to trusted staff whenever they need support.



Student Leaders Shine at Milman SS Under 8s Day

Our Student Leaders recently volunteered their time to support Milman State School's Under 8s Day celebrations. Throughout the event, they assisted with activities, interacted with children and families, and helped create a fun and welcoming atmosphere for everyone involved. The students represented Glenmore State High School with pride, demonstrating leadership, responsibility, and a strong commitment to community service. Their enthusiasm and positive attitude made a valuable contribution to the day's success, and we are incredibly proud of the way they engaged with the younger children and supported the event.



Student Celebrations

Congratulations to three of our students who have recently completed courses through the CQU Start Uni Now (SUN) Program and achieved outstanding results.



Scarlett received a High Distinction in Fundamentals of Psychology and Understanding Human Behaviour, Sally achieved a Credit in Education as a Profession, and Quennie earned a Credit in Human Anatomy and Physiology.

The SUN Program provides students with the opportunity to experience university-level study while still at school, developing valuable skills and knowledge for their future pathways. We are incredibly proud of Scarlett, Sally, and Quennie for their dedication, hard work, and academic success.

Sports Spot



Congratulations Grace Lloyd-Jones for having been selected to represent the state in the U18 Women's Hockey Team at the National Championships this July.

This outstanding achievement reflects her hard work, dedication, and commitment to the sport. We are incredibly proud of this accomplishment and wish her the very best for the upcoming competition.

The Glenmore State High School community wishes her all the very best as she takes on this exciting opportunity. We look forward to following her journey and celebrating their success.

Year 7 Enrolments for 2027 Now Open

We are now accepting enrolment applications for students commencing Year 7 in 2027. Families considering Glenmore State High School are encouraged to begin the enrolment process early to ensure a smooth transition into high school.



Scan the QR Code to fill-in an Expression of Interest Form

For further information or assistance with enrolment, please contact the school.

GSHS Rise and Shine Club

Students and staff are invited to kick-start their day with a range of fun and engaging morning activities at the MMC from 7:15am on Friday 5 June and Friday 19 June.

These sessions are a great opportunity to get moving, connect with others, and promote positive health and wellbeing before the school day begins.



Students, grab your permission forms now!

Inspiring growth, positive well-being and quality outcomes for all.