

2024 RDS 10-12 Years Trials

Event	District Trials Date and time	Nominations due date	District Trials Venue	Equipment required	Capricornia Trials
AFL 10-12 years Boys and Girls	Wednesday 21 February 2024 4pm – 6pm	Monday 19 February 2024	Rockhampton State High	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	7 March 2024 Mackay
Basketball 10 -12 years Boys & Girls	Wednesday 14 February 2024 4pm – 6pm (Both genders)	Monday 12 February 2024	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform PERMISSION BOOKLET	11 March 2024 Rockhampton
Swimming	Paper nominations				
Volleyball 12 – 15 Boys & Girls	Friday 2 February 2024 Boys: 9am – 11am Girls: 11am – 1pm	Wednesday 31 January 2024	Glenmore SH	Appropriate footwear, water bottle, school sport uniform Permission Booklet	14 February 2024 Gladstone
Hockey 10-12 years Boys and Girls	Monday 4 March 2024 4pm – 5:30pm	Friday 1 March 2024	Kalka Shades, Water St	Own playing equipment, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	18 April 2024 Rockhampton
Touch Football 10 – 12 years Boys and Girls	1 st trial: Wednesday 28 February 2024 4pm – 5:45pm Shortlisted: Friday 1 March 2024 4pm – 5:45pm	Monday 26 February 2024	Rockhampton Touch Fields	Appropriate footwear, hat, water bottle, school sport uniform PERMISSION BOOKLET	12 March 2024 Emerald

Squash 10-19 years Boys and Girls	Paper nominations	Tuesday 27 February 2024			5 March 2024 Gladstone
Netball 10-11 years and 10-12 years Girls and Boys	Wednesday 21 February 2024 9am – 12pm	Monday 19 February 2024	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform PERMISSION BOOKLET	6 March 2024 Rockhampton
Rugby League 10, 11 and 12 Years Boys	Muster: Sunday 3 March 2024 9am – 12pm Shortlisted students: Sunday 10 March 2024 9am – 12pm	Thursday 29 February 2024	Emmaus College	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	22/23 April 2024 Gladstone
11-12 Years Girls	Wednesday 6 March 2024 4pm – 5:30pm	Monday 4 March 2024	Frenchville State School		11 June 2024 Gladstone
Football 10-12 years Boys	Tuesday 30 April 2024 4pm – 5:30pm	Friday 26 April 2024	Cap Coast Football – Apex Park	Appropriate footwear, hat, water bottle, school sport uniform PERMISSION BOOKLET	14 May 2024 Emerald
Football 10-12 years Girls	Tuesday 30 April 2024 4pm – 5:30pm	Friday 26 April 2024	Cap Coast Football – Apex Park	Appropriate footwear, hat, water bottle, school sport uniform PERMISSION BOOKLET	14 May 2024 Emerald
Rugby Union 11 – 12 years Boys	Monday 29 April 2024 4pm – 5:30pm	Friday 26 April 2024	Kettle Park (behind Fantastic Furniture)	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	13 May 2024 Emerald

Cross Country 10-19 years	Tuesday 7 May 2024				4 June 2024 Rockhampton
Tennis 10 – 12 Years Boys and Girls	Tuesday 19 March 2024 9am – 3pm	Friday 15 March 2024	Rockhampton Tennis centre	Own playing equipment, hat, water bottle, school sport PERMISSION BOOKLET uniform	16 April 2024 Mackay
Softball 10 – 12 years Boys and Girls	Trial 1: Wednesday 1 May 2024 4pm – 5:30pm Trial 2: Wednesday 8 May 2024 4pm – 5:30pm	Monday 29 April 2024	Rockhampton Softball Association	Own playing equipment, hat, water bottle, school sport uniform PERMISSION BOOKLET	21 May 2024 Mackay
Golf 10 – 18 years	Paper nomination				
Athletics	TBC				19/20 August 2024 Mackay
Cricket 10 – 12 Boys	Monday 12 August 2024 4pm – 5:30pm	Friday 9 August 2024	Victoria Park	Own playing equipment, hat, water bottle, school sport uniform PERMISSION BOOKLET	26/27 August 2024 Rockhampton
Cricket 10 – 12 Girls	Trial through Wide Bay Sports				